

<3강 요지 추론>

1. [ ]의 특성

[Pay/ Paying] attention to one thing [ ] [꼭, 반드시] comes [ ] [~을 희생해서] another. Letting your eyes [to get/ get] too [ ] [현혹된] by all of the scientific [ ] [도구] in the [ ] [실험실] [preventing/ prevents] you [ ] (전치사) noticing anything of [ ] [중요성, 의미심장함] about the man in that same room. [1문단]

메모 [H1]: Attention to one → at expense of another

We cannot [ ] [할당하다, 분배하다] our attention to [ ] [다양한, 여러 개의] things **at once** [뜻: ] and [expects/ expect] it to [ ] [기능을 하다] at the same level [that/ as] it [will/ would] **were we to focus on just one activity.** (=If [ ] focus on just one activity) [2문단]

메모 [H2]: Can't allocate attention

Two tasks cannot possibly be in the attentional focus at the same time. One will [ ] [불가피하게, 피할 수 없게] end up [ ] (be) the focus, and the other - or others - more like [ ] [연관성 없는] noise, something to be [ ]. [3문단]

메모 [H3]: One focus → others: noise

Or worse still, [all/ none] will have the focus and all will be, although [ ] [약간, 다소] clearer, noise, but ( [ ] ) [ ] [정도] of noise [ ] [그래도, 그럼에도 불구하고]

at the expense of	multiple	laboratory	significance	taken in	irrelevant
equipment	function	allocate	inevitably	slightly	all the same
filtered out	degrees	necessarily			

2. [ ] 식품

Building the body's [ ] [세포] with **raw foods** [뜻: ] naturally [prevents/ protects] us [with/ from] [ ] [박테리아 감염] and viruses of every [kinds/ kind]. It [weakens/ strengthens] the cells in ways [how/ that] only raw foods can [because/ because of] the human body, as well as all life on Earth, [has/ have] been [ ] [조건화 되다] to receive its [ ] [영양소] in that way for billions of years. [1문단]

메모 [H4]: Raw foods → protect from infections

[For example/ However], [high/ highly] [ ] [가공된] foods first [was appeared/

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appeared] in the 1930s. The rise of \_\_\_\_\_ [만성질환] of all kinds \_\_\_\_\_ [연관성 있다] \_\_\_\_\_ [정확하게] with the [decreased/ increased] consumption of [processed/ raw] foods. Cancer is a perfect example of this. It \_\_\_\_\_ (continue) its sudden \_\_\_\_\_ [상승] since the 1930s, and now one of every three people in the United States will get cancer in their lifetime. [2문단]

[To switch/ switch] to a raw food diet [and/ or] disease will [remain/ disappear] from your life **for good**[뜻: \_\_\_\_\_], or for [as soon as/ as long as] you remain a raw foodist [3문단]

infections	conditioned	bacterial	precisely	nutrients
chronic	disease	correlates	rise	cells
processed				

3. [자주 \_\_\_\_\_으로 제공되어야 하는 \_\_\_\_\_] \_\_\_\_\_ [공식적인 평가] are a very important part of the overall communications an [employer/ employee] receives **concerning**[뜻: \_\_\_\_\_] job \_\_\_\_\_ [수행]. [On the other hand/ However], if feedback [will be received/ is received] only once [for/ during] the year, it will **fall short of meeting its ultimate objective**. [뜻: \_\_\_\_\_] [1문단]

[Of/ For] an employee to receive feedback that can truly help him or her [improving/ improve] performance, it must be provided on a \_\_\_\_\_ [규칙적인, 일정한] and more \_\_\_\_\_ [자주, 빈번한] basis. If there are areas of improvement to be \_\_\_\_\_ [몰두된, 집중된], they should not be "saved up" until the time of the \_\_\_\_\_ [한 해의, 매년의] appraisal before \_\_\_\_\_ (communicate) to the employee. [2문단]

[At the same time/ Similarly], feedback about an individual's good job performance should also be communicated and \_\_\_\_\_ [강화된] on a frequent and regular basis. [To set/ set] up \_\_\_\_\_ [분기별의(3개월 마다) discussions, [as a result/ for example], or be careful to do them **as**[뜻: \_\_\_\_\_] projects come to an end or at [another/ other] \_\_\_\_\_ [적절한] times [3문단]

appraisals	performance	regular	formal	frequent	annual	addressed
appropriate	quarterly	reinforced				

메모 [H5]: Chronic disease ← processed foods

메모 [H6]: Switch to raw food → disease: disappear

메모 [H7]: Formal appraisals → Short of meeting

메모 [H8]: Must be provided on regular & not be saved

메모 [H9]: Feedback about good job -> on frequent basis.

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4. [대외적 \_\_\_\_\_ 과 목표 성취]

In 1879 Thomas Edison [renounced/ announced] that he would [public/ publicly] display the **electric lightbulb**[뜻: \_\_\_\_\_] by December 31, [since/ even though] all his [exploration/ experiments] had, to that point, failed. He **threw his knapsack over the brick wall**[뜻: \_\_\_\_\_] - the \_\_\_\_\_ challenges that he still faced- and on the last day of that year, there was light. [1문단]

메모 [H10]: Edison: announced electric lightbulbs

In 1962, when John F. Kennedy \_\_\_\_\_ [선언하다] to the world [where/ that] the United States was going to land a man on the moon **by the end of the decade**[뜻: \_\_\_\_\_], **some of the \_\_\_\_\_ [금속] [were necessary/ necessary] for the journey had not yet been invented**, [한곳 수정]

and the technology [acquired/ required] for \_\_\_\_\_ [완료하다] the journey was not available. But he threw his - and NASA's - knapsack over the brick wall. [2문단]

메모 [H11]: Kennedy: declared → land man on moon

Though [make/ making] a \_\_\_\_\_ [언어적 약속, 전념], no matter how [boldly/ bold] and how [inspired/ inspiring], does not \_\_\_\_\_ [확실하게 하다] [what/ that] we [reach to/ reach] our \_\_\_\_\_ [도착지, 정착지], it does [eliminate/ enhance] the \_\_\_\_\_ [가능성, 확률] of success [3문단]

메모 [H12]: Verbal commitment → enhance likelihood of success

\*knapsack 배낭

declared	verbal	commitment	metals	numerous
destination	likelihood	completing	ensure	

5. [\_\_\_\_\_의 기준]

Imagine [to encounter/ encountering] a piece of fruit that seems to be a lemon. It has the right shape, the right smell, the right color, and the right \_\_\_\_\_ [질감]. "It's a lemon," you think. But then we paint it with **red nail polish**[뜻: \_\_\_\_\_], we \_\_\_\_\_ [코팅하다, 입히다] it with ammonia, and we \_\_\_\_\_ [짓누르다] it [flatly/ flat]. [1문단]

메모 [H13]: Lemon → paint with nail polish

Is it still a lemon? Of course it is. It's just a lemon that has been \_\_\_\_\_ [학대 받은, 혹사당한]. But \_\_\_\_\_ [~을 명심하다] that it is [any longer/ no longer] similar in any \_\_\_\_\_ [분명한, 명백한] ways to [another/ other] members of the \_\_\_\_\_ [2문단]

메모 [H14]: No longer to category

**[Whether/ What] makes [it/ them] a lemon [is/ are] a \_\_\_\_\_ [이야기, 서술]  
we \_\_\_\_\_ [구성하다, 만들어 내다] about [however/ how] it started and how  
it came to be the way it is now. [해석] [3문단]**

메모 [H15]: What lemon?  
→ Narrative we construct

Or [considering/ consider] a \_\_\_\_\_ [가짜의] \$20 bill that you have just seen come off your friend's color laser printer. It's a perfect copy, to your eyes, of a [fake/ real] \$20. It looks right, it feels right, it even smells right. So is it a \$20 bill? Of course not. It's a fake \$20 bill. [4문단]

메모 [H16]: Perfect copy of \$20 → Fake \$20 bill

abused	note	category	fake	narrative	construct	squash
coat	texture					

6. [\_\_\_\_\_에 대한 선호를 결정하는 요인]

Nicholas Humphrey suggests that color \_\_\_\_\_ [선호] [raise/ arise] [because/ because of] the different \_\_\_\_\_ [신호] that colors \_\_\_\_\_ [전달하다, 전송하다] to \_\_\_\_\_ [유기체] in nature. He argues that colors can send " \_\_\_\_\_ " signals, such as the colors of flowers that [repel/ attract] pollinating bees, or " \_\_\_\_\_ " signals, such as the colors of \_\_\_\_\_ [독성이 있는] \_\_\_\_\_ [두꺼비] that **warn** **off**[뜻: \_\_\_\_\_] potential \_\_\_\_\_ [포획자]. [1 문단]

메모 [H17]: Color preference ← different signals  
(approach : avoid signal)

The \_\_\_\_\_ [기저에 있는, 근본적인] idea is that because colors carry \_\_\_\_\_ [which/ about which] kinds of objects an organism should or should not interact with, [it/ that] would be of benefit [that/ if] the organism "liked" the colors that send approach signals and "disliked" the ones that send avoid signals, as these \_\_\_\_\_ [미적인] experiences will lead the organism [behaving/ to behave] \_\_\_\_\_ [적응하기 유리하게]. [2 문단]

메모 [H18]: Liked or disliked colors → aesthetic Experiences → Organism: behave adaptively

**The bottom line[뜻: \_\_\_\_\_] is [what/ that] the \_\_\_\_\_ [연관성, 타당성] of color-related information for the organism's health and well-being makes beneficial for the organism to behave in accord with[뜻: \_\_\_\_\_] such color preferences[한곳 수정] [3 문단]**

메모 [H19]: Color-related information → beneficial

\*pollinating 꽃가루를 매개하는 \*\*aesthetic 미적인

signals	approach	Preferences	avoid	poisonous	predators
organisms	convey	adaptively	information	underlying.	

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toads      relevance      aesthetic

7. [미디어의 \_\_\_\_\_ 왜곡에 대한 \_\_\_\_\_ 인식의 중요성]

**Mass political opinion**[뜻: \_\_\_\_\_] can be sort of like guessing [a number of/ the number of] marbles in a glass jar. Most people's guesses will **miss the mark**[뜻: \_\_\_\_\_], but the \_\_\_\_\_ [평균적인] guess of a large enough crowd is \_\_\_\_\_ [일반적으로] very [inaccurate/ accurate]. **The idea that the masses generally come up with**[뜻: \_\_\_\_\_] **good overall decisions is sometimes referred to the "\_\_\_\_\_ of crowds," and it really [do/ does] work [amazing/ amazingly] well for some things.** [한글 수정] [1문단]

The problem is that in politics we don't see the glass jar for ourselves -we view it through the \_\_\_\_\_ of the \_\_\_\_\_, and the media show us a \_\_\_\_\_ [왜곡된] view of politics. [2문단]

[Nevertheless/ Thus], we should be aware of such media \_\_\_\_\_ [선입견, 편향] in order to [minimize/ maximize] the likelihood [where/ that] they'll **throw off our political judgment**[뜻: \_\_\_\_\_], even though there's no way to \_\_\_\_\_ [영구적으로] "fix" [it/ them] [3문단]

\*marble 구슬

wisdom      lens      permanently      generally      average      media  
distorted      biases

8. [\_\_\_\_\_은 반드시 결실을 맺는다는 \_\_\_\_\_]

If you plant a \_\_\_\_\_ [씨앗] in the ground and water [it/ them] every day, it starts to grow towards the \_\_\_\_\_ [표면]. If you don't know and trust that this seed is growing, you will doubt [that/ whether] anything at all is happening \_\_\_\_\_ [아래쪽] the surface. You may start to say: "I don't believe in this! I water this piece of ground every day, but I never see any \_\_\_\_\_ for all my hard work!" [1문단]

Part of life is trusting that if you put in the \_\_\_\_\_ [노력], the \_\_\_\_\_ [결과] is already happening with your very \_\_\_\_\_ [의도] and then your \_\_\_\_\_ [행동]. [2문단]

\_\_\_\_\_ [궁극적으로], one day, that little plant breaks through the soil with its

메모 [H20]: Mass political opinion → good → "wisdom of crowds"

메모 [H21]: Problem- (x) see glass → through lens of media → distorted view

메모 [H22]: Should aware of media biases

메모 [H23]: Don't trust: seed is growing → doubt

메모 [H24]: Trusting + putting in efforts → already happening

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green, new \_\_\_\_\_ [줄기]. And from there, you watch it [to grow/ grow] stronger and more \_\_\_\_\_ [1]필수적인 (2)활기찬 every day (**as long as**[뜻: \_\_\_\_\_] you keep \_\_\_\_\_ (look after) it and [to water/ watering] it!)

results	surface	effort	intention	stem	vital	action
outcome	seed	underneath	eventually			

9. [지구 \_\_\_\_\_ 해결 방안]

When we talk about \_\_\_\_\_ [지구 온난화] we seem obsessed with \_\_\_\_\_ [규제하다] just one \_\_\_\_\_ [변수, 매개, 요소]-**namely**[뜻: \_\_\_\_\_], CO2. [1문단]

메모 [H25]: Obsessed with regulating CO2

But while [increasing/ reducing] the CO2 level in the \_\_\_\_\_ [대기] may be part of the solution, surely our \_\_\_\_\_ [주요한 관심사] **ought to**[뜻: \_\_\_\_\_] be **to advance human and environmental wellbeing the most**[뜻: \_\_\_\_\_], [which/ where] many other \_\_\_\_\_ [요소] are in play. While [cut/ cutting] CO2 will save some people \_\_\_\_\_ (전치사) dying of heat, it will at the same time cause [less/ more] people \_\_\_\_\_ (die) from [cold/ heat]. [2문단]

메모 [H26]: But: humane+ environment welling the most

This \_\_\_\_\_ [강조하다] [what/ how] [increasing/ reducing] CO2 means \_\_\_\_\_ [무차별적으로, 맹목적으로] [illuminating/ eliminating] both negative and positive effects of global warming. [3문단]

메모 [H27]: Reducing CO2→eliminating negative +positive

We ought at least to consider \_\_\_\_\_ [적응 전략] that would allow us [holding on/ to hold on] to the [negative/ positive] effects of climate change while reducing or eliminating its \_\_\_\_\_ [손해, 손실] [4문단]

메모 [H28]: Adaptive strategies

\*obsessed 집착하는

strategies	warming	regulating	parameter	atmosphere	global
primary	damages	concern	factors	highlights	blindly
adaptive					

10. [\_\_\_\_\_의 소중함]

Some tennis players believe that the first chance of serving is for \_\_\_\_\_ [시도] and \_\_\_\_\_ [피할 수 없게, 반드시] use the second chance. The result is [what/ that]

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they make a \_\_\_\_\_ with both serves quite often. **Once**[뜻: \_\_\_\_\_] you have faltered in serving, there is no question of playing [farther/ further]. **At times**[뜻: \_\_\_\_\_] they \_\_\_\_\_ [범하다] a double \_\_\_\_\_ [실수, 오류] at [such crucial a stage/ such a crucial stage] of the game [where/ that] it becomes suicidal.

[1문단]

메모 [H29]: Chance of serving-trial → commit double fault

The lesson to be learnt [is/ are] that, **first of all**[뜻: \_\_\_\_\_], one should [practice/ avoid] [to commit/ committing] mistakes in life and the opportunity should be \_\_\_\_\_ [꼭잡다, 획득하다] in the first instance [itself/ themselves]. If a mistake [has been committed/ has committed], [in addition/ however], it should not be repeated [because of/ because] life does not give you many chances.

[2문단]

메모 [H30]: Opportunity-should be grabbed in the first

If you miss all your chances, you lose the game of life. **[However/ Therefore] one has to be \_\_\_\_\_** [조심스러운, 신중한] **in order to make use of the opportunities are offered by life.** [한곳 수정]

[3문단]

메모 [H31]: Miss all chances → lost life → watchful

**no /should/ case / in/ any/ be /opportunity/ lost**

[어떤 경우에도 기회를 놓쳐서는 안 된다]

[순서 배열: \_\_\_\_\_]

in the hope that [less/ more] opportunities will come

\*faltered: 실패하다 \*suicidal: 자멸을 초래하다

mistake	fault	watchful	grabbed	commit	invariably	trial
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11. [\_\_\_\_\_ 위주의 음식 문화]

\_\_\_\_\_ [안정화 시키다] our climate would help \_\_\_\_\_ [해결하다] [which/ what] many scientists consider to be the \_\_\_\_\_ [가장 심각한, 신중한] environmental danger \_\_\_\_\_ (생략된것) humankind has ever faced. Each of us [has/ have] a part to play in \_\_\_\_\_ [옹기다, 이동시키다] our culture toward a way of life that [rejects/ respects] the natural world. The choices we make and the way we live can **play roles in**[뜻: \_\_\_\_\_] turning the \_\_\_\_\_ [조류].

[1문단]

메모 [H32]: Stabilizing climate → resolve danger

By eating in a way that is \_\_\_\_\_ both for our own health and for the health of the biosphere, we can help our society [facing/ to face] and to overcome the

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\_\_\_\_\_ [거대한] environmental challenges of our times. [2문단]

[The less/ The more] people move toward \_\_\_\_\_ [식물기반] food choices, the greater the possibility [where/ that] our \_\_\_\_\_ [종] will not only survive \_\_\_\_\_ will \_\_\_\_\_ [번영하다, 번성하다]. A \_\_\_\_\_ toward a plant-based diet would be a step toward environmental sanity. It would be an act of love for all **generations yet to come** [뜻: \_\_\_\_\_] [3문단]

\*biosphere ^물권 \*\*sanity 건전성

gravest	tide	species	suitable	thrive	shifting
resolve	Stabilizing	enormous	plant-based	cultural	shift

12. [빌딩 \_\_\_\_\_에 대한 \_\_\_\_\_의 필요성]

Buildings are everywhere, large and small, ugly and beautiful, \_\_\_\_\_ [야망적인] and \_\_\_\_\_ [우둔한]. We walk among them and live inside them but [is/ are] largely \_\_\_\_\_ [수동적인 거주자] in cities of towers, houses, open spaces, and shops we had no hand in creating. But we are their best \_\_\_\_\_. \_\_\_\_\_ [건축 비평가] can \_\_\_\_\_ [칭찬하다] and **pick on** [뜻: \_\_\_\_\_] new designs, but **their readership has lately been too limited.**

[해석: \_\_\_\_\_] [1문단]

We talk about homes as [investigations/ investments], building sites as opportunities, unsold condos as an \_\_\_\_\_ [경제적 재난], but all that kind of chatter [embraces/ avoids] the \_\_\_\_\_ [물리적 실체] of projects built and unbuilt. **Rather than** [뜻: \_\_\_\_\_] just talking about money, we should also be talking about height and \_\_\_\_\_ [크기], style and \_\_\_\_\_ [지속가능성], \_\_\_\_\_ [개방성] of architecture and of process. \_\_\_\_\_ is not the **icing on the cake** [뜻: \_\_\_\_\_] but **what makes architecture out of buildings** [해석: \_\_\_\_\_], what turns them into places [which/ where] we want to live and eat and shop. [2문단]

Instead of less talk, what we need are [less/ more] critics- \_\_\_\_\_ [시민의] critics — \_\_\_\_\_ [~가 구비된, 장착된] the \_\_\_\_\_ [열망] and the vocabulary to

메모 [H33]: Eating suitable for health and biosphere → help

메모 [H34]: Move toward plant-based food choice → act of love for generations

메모 [H35]: We → passive residents but best audience.

메모 [H36]: Talk about homes → avoid physical reality  
⇒ Should take: height, bulk, style, sustainability, openness  
→ Design

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\_\_\_\_\_ [재건하다] the city.

[3문단]

메모 [H37]: Need citizens critics

residents	architecture	audience	passive	dumb	sustainability
critics	praise	remake	reality	disaster	economic
equipped with	bulk	openness	design	citizen	desire
physical					